










ATA MARTIAL ART LAKEWOOD CLASS TIMES – New schedule begins 2/26/18

Monday	Tuesday	Wednesday T-shirt Attire	Thursday	Friday T-shirt Attire	Saturday Check event calendar for special events.
SINGLE BAHNG MAHNG EE/ Oh Sung Do for Black Belts		11:30 AM All rank and age class with Dr. Anderson	Have you scheduled your ATA birthday party? Have you scheduled your private lesson?		
4:30 PM 	4:45 pm Open Gym	4:45 pm 	4:45 pm Open Gym	4:30 pm Open Gym	9:45 am  3-6 years
5:00 pm DEMO TEAM CLASS Team X Elite Open to LEADERSHIP	5:15 pm White-Purple All Age 7-Adult FAMILY CLASS	5:15 pm  LEADERSHIP CLASS	5:15 pm 	5:00 pm Combat Class Warrior Combos Combat Sparring	10:15 am ALL RANK Karate Kids
6:00 pm All Rank Karate Kids	6:00 pm  All Rank ATA Tigers 3-6 years	5:45 PM ALL Rank Karate Kids	5:45 pm Blue-Black ALL AGE FAMILY CLASS	5:30 pm All Rank and Age Class Great family night.	11:00 am ALL RANK Adults and Teens
6:45 pm All Rank Teens and Adults 13+	6:30 pm Blue-Black All Age 7-Adult FAMILY CLASS	6:30 pm All Rank Teens and Adults 13+	6:45 pm White-Purple White-Purple All Age 7-Adult FAMILY CLASS	Private lessons are scheduled throughout the week by appointment.	12:00 noon  Self Defense T-shirt attire Bring your BAG gloves
	7:15 pm 	7:15 pm  Self-Defense T-shirt attire Bring your BAG gloves			

It is requested that all students have their proper gear and equipment, including athletic supporters/cups for males (mandatory). Thank you. Gear orders with Headquarters happens twice per month, see the office staff to place your orders for your sparring gear.