










**ATA MARTIAL ART CLASS TIMES – BEGINS 9/1/17 (OUR SCHOOL'S 27 YEAR ANNIVERSARY MONTH)\*\*\***

Monday	Tuesday	Wednesday T-shirt Attire	Thursday	Friday	Saturday
<b>New weapon BME (Bahng Mahng Ee) Single for white-purple belts; double for Blue +</b>		11:30 AM All rank and age class Adults and home-school kids	Ask about visiting your child's classroom!	<b>NEW FRIDAY CLASS TIMES!</b>	Doors open 9:25 am
4:30 pm OPEN GYM Acro or XMA ok**	4:00 pm New student appointments and/or Private lessons by appt	4:45 pm 	4:00 pm New student appointments and/or Private lessons by appt	<b>5:00 pm Open Gym Acro or XMA ok**</b>	9:40 am  3-6 years
5:00 pm <b>Protech Weapon class (BME)</b> All Age Kid's thru adult (Tigers ok)**	5:15 pm White-Purple ALL AGE Kids, Teens and Adults Beginner/Intermediate	5:15 pm  Bring your SJBs (preferably 2, but 1 will do)**	5:30 pm  3-6 years	<b>5:30 pm All Rank and Age Class</b> (Theme is competition class first Friday of each month) Arrive early and warm up	10:15 am White-Brown Karate Kids  Beginners will be separated. 😊
5:30 pm  Bring your SJBs (preferably 2, but 1 will do)**	6:00 pm  3-6 years	5:45 pm All Rank Karate for Kids  Beginners will be separated. 😊	6:00 pm Blue-Black All Age advanced training class* (advanced students that need help or Legacy students that can assist plan to stay into the next class)	<b>Special Advocare Nutrition Mixer event:</b> <b>4:30 pm 9/1/17</b> <b>6:30 pm 10/20/17</b> <b>Free samples and info</b>	11:00 am All Rank Teens and Adults  Red and Black Belts KK train at this time
6:15 pm All Rank Karate for Kids  Beginners will be separated. 😊	6:30 pm Blue-Black All Age advanced training class*	6:30 pm All adults and teens	6:45 pm White-Purple ALL AGE Kids, Teens and Adults Beginner/Intermediate	Reserved for birthday parties and other special events	12:00 noon  Self Defense and Fitness T-shirt attire
7:00 pm All Rank Adults and Teens	7:15 pm  *	7:15 pm  Self-Defense and Fitness T-shirt attire	Private lessons available by appointment	Did you know our students receive FREE birthday parties here at ATA? Reserve your date 30-45 days in advance. Limited availability.	<b>Check event calendar for closures due to special events</b>  Reserved for birthday parties and other special events

\* Legacy students, please try and attend this class each week

\*\* For Demo team hopefuls, we will work drills and skills at this time to assess your strengths (separate extended Demo Team training will occur on special Friday or Saturday afternoon times.

\*\*\* I am sure will be doing 27 of everything this month...hehehe 😊 SMB